

EuroVelo10

EuroVelo 10 – Baltic Sea Cycle Route is a fascinating, over 9,000-kilometer cycling route covering nine countries around the Baltic Sea.



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The southern Baltic section, encompassing parts of Poland, Germany, Denmark, Sweden and Lithuania, offers cyclists a diverse range of experiences – from sandy beaches and picturesque cliffs to historic Hanseatic towns and charming countryside.



The route connects major cities like Copenhagen, Stockholm and Gdansk with less travelled regions, providing the perfect blend of urban attractions and natural beauty.



Cyclists can explore UNESCO World Heritage Sites, national parks and vibrant coastal communities while enjoying the region's rich cultural heritage and warm hospitality.



EuroVelo 10 – Baltic Sea Cycle Route route is suitable for both long-distance cyclists and day trips, allowing travelers to tailor their route to their preferences.

The route promotes sustainable tourism, fosters cross-border cooperation, and supports local economies along its route. Thanks to ongoing improvements to its bicycle-friendly infrastructure and services, EuroVelo 10 – Baltic Sea Cycle Route is becoming one of the most important coastal cycling routes in Europe.

CYCLING ROUTES

Western Pomerania



Western Pomerania invites you to enjoy long-distance cycling routes with a total length of 1,100 km. The routes form a coherent network, which includes the Blue Velo Route (No. 3), the Velo Baltica Route (EuroVelo10 and 13), the Western Lake District Route (No. 20), the Old Railway Trail (No. 15) and the Szczecin Lagoon Route. Western Pomerania is expanding its network with new cycling routes, including Berlin-Szczecin-Kołobrzeg. These routes run through the entire province, connecting many towns and tourist attractions. The routes are interconnected sections of new and existing cycle paths, public roads with low traffic and forest roads, marked with common signage. Thanks to this, everyone, regardless of their physical condition or type of bicycle, can comfortably and safely travel through Western Pomerania.



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EuroVelo 10 – Baltic Sea Cycle Route is over 9000-kilometer long cycling adventure connecting nine countries around the Baltic Sea. This diverse route offers cyclists stunning coastal landscapes, rich cultural heritage, and warm hospitality across Denmark, Estonia, Finland, Germany, Latvia, Lithuania, Poland, and Sweden. From sandy beaches and historic Hanseatic cities to picturesque rural areas, EuroVelo10 provides an unparalleled cycling experience for both long-distance enthusiasts and day-trippers.



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Cyclist-Friendly Places



As a cyclist-friendly region, Western Pomerania has a system of recommended places where travellers on two wheels can find accommodation for at least one night, store their luggage or repair their equipment. The basic principles of the Cyclist-Friendly Places recommendation system in the West Pomeranian Province are: standardisation of the level of services provided, clear information about facilities and attractions available on the cycle route, and easy search for entities belonging to the network. The West Pomerania system operates on similar principles to other systems in Poland (Małopolska, Green Velo) and Europe (Bett+Bike in Germany, Denmark and Austria).



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10 useful tips for cyclists on EuroVelo10

1. Plan your route in advance

Analyse EuroVelo10 on the selected section, check current maps and possible detours. It is also worth using cycling apps and GPS routes, which will help you to more accurately assess the distance, travel time and accommodation options along the route.

2. Check the technical condition of your bicycle

Regular bicycle checks are essential for safety. Check the tyre pressure, brake pad wear, cable tension and drive condition. Take the appropriate tools and a repair kit with you.

3. Ensure visibility

Coastal roads are often foggy and visibility is poor. Equip yourself with high-powered front and rear lights, preferably with a flashing mode. Attach reflective elements to your rucksack, helmet and wheels to increase visibility from all sides.

4. Take appropriate clothing

Layered clothing allows you to adapt to changing weather conditions. A light windproof and rainproof jacket is especially important when cycling along the coast. On cooler days, thermal underwear will come in handy, and in summer, breathable, quick-drying fabrics.

5. Hydrate regularly

Drinking small amounts at a time helps you maintain your energy levels and avoid dehydration. Carry a spare bottle of water with you.



6. Know the rules of the road

EuroVelo 10 – Baltic Sea Cycle Route runs along various types of surfaces — cycle paths, local roads and sections shared with pedestrians. Respect the rules of the road to increase your safety and that of others. Be careful, signal your manoeuvres and give way when the situation requires it.

7. Take breaks

Planning breaks helps to avoid muscle strain and back pain. During stops, stretch your legs, drink some water and have a small snack. There are many viewpoints and rest areas along EuroVelo10 where you can enjoy the scenery and catch your breath during your journey.

8. Protect your skin from the sun

Riding close to the sea means greater UV reflection. Use a high SPF sunscreen, not forgetting your neck, ears and hands. UV-filtered sunglasses protect your eyesight, and a breathable cap under your helmet prevents overheating.

9. Take basic tools and a first aid kit with you

It is a good idea to have plasters, an elastic bandage, anti-chafing ointment, disinfectants and small scissors in a small first aid kit. In addition to a multitool, cable ties and repair tape are useful — they will help in emergency situations when something loosens or falls off.

10. Respect nature and local communities

When travelling through natural areas, stick to designated paths to protect the local ecosystem. Do not disturb animals, especially in reserves and protected areas. Also, remember to support local businesses — this is a way to build a good atmosphere.



10 places worth visiting on EuroVelo10

1. Copenhagen (Denmark)

The capital of Denmark is a symbol of European cycling culture. It has an extensive network of cycle paths, cycle bridges and facilities that make cycling enjoyable and safe. Modern architecture blends with historic streets, and the seaside atmosphere makes Copenhagen one of the most inspiring EuroVelo10 locations.

2. Karlskrona (Sweden)

The city was built on several dozen islands and is one of Sweden's most important naval centres. Listed as a UNESCO World Heritage Site, it impresses with its urban layout, museums and beautiful views of the archipelago. It is the perfect place to combine a cycling trip with a history lesson and an introduction to the culture of the region.

3. Stockholm (Sweden)

The capital of Sweden, located on 14 islands, is one of the most picturesque cities in Europe. The Old Town delights with its narrow streets and medieval tenement houses. Stockholm offers numerous museums, beautiful boulevards, views of the archipelago and great cycling paths along the water. It is the perfect place to combine intensive sightseeing with a seaside atmosphere.

4. Helsinki (Finland)

Helsinki is a capital city where the urban rhythm blends seamlessly with nature. The city stretches across many islands, surrounded by bays and greenery. The route leads through both the bustling city centre and the coastal landscapes. It is a place where Scandinavian design and architecture coexist with the wild, raw charm of Finnish nature.

5. Tallinn (Estonia)

Tallinn is one of the best-preserved medieval cities in Europe. Dark streets, towers, defensive walls and historic alleys create an atmosphere that takes travellers back several centuries. At the same time, the capital of Estonia is modern and full of energy, offering excellent infrastructure and beautiful views of the Baltic Sea.



6. Riga (Latvia)

The capital of Latvia impresses with its Art Nouveau architecture — one of the richest in Europe. The Old Town with its beautiful squares, boulevards and views of the Daugava River is a great stop on EuroVelo10. Riga combines the atmosphere of a big city with a friendly, peaceful atmosphere.

7. Klaipėda and the Curonian Spit (Lithuania)

Klaipėda, a bustling port on the Baltic Sea, is just the beginning of the attractions — the real treasure is the Curonian Spit, stretching beyond the city. This unusual peninsula is full of sandy dunes, dense forests and charming fishing villages, creating an almost fairy-tale landscape. Cycling along the Spit is a relaxing adventure for any lover of nature and seaside tranquillity.

8. Stralsund (Germany)

A historic Hanseatic city located on the Strelasund strait. Its impressive brick Gothic architecture, beautiful museums and view of the bridge leading to the island of Rügen make it one of the most interesting spots on the German coast. The Old Town is a UNESCO World Heritage Site, and the excellent paths along the waterfront make Stralsund a must-see stop on EuroVelo10.

9. Świnoujście (Poland – Western Pomerania)

Świnoujście is a unique island city, spread over several dozen islands and surrounded by water on almost all sides. It delights with its vast beaches, modern promenade, bustling harbour and impressive lighthouse – one of the tallest in Europe. It is a natural entry point to the Polish section of EuroVelo10.

10. Tricity – Gdańsk, Sopot, Gdynia (Poland – Pomerania)

The Tricity, the heart of the Polish coast on EuroVelo10, combines a seaside atmosphere with rich history and modernity. Gdańsk captivates with the atmosphere of its former Hanseatic port and picturesque streets, Sopot attracts with its elegant pier and resort character, and Gdynia delights with its modernist architecture, open spaces and spectacular cliffs. It is the perfect place to discover the diversity of the Baltic Sea.

